

Rules – game and safety

Escape room activities might seem frightening for some people. Therefore, there must be a clear set of safety instructions and rules for anyone involved in a game.

First of all, before entering the room, the players must be informed on what can be expected in the game, focusing on the most intimidating situations. To achieve this, the game master will explain the safety rules and will ask the players to give a written confirmation that they have understood and that they will comply. If the players are underaged, the parents should also be informed and asked to sign an agreement or a waiver, which is a contractual agreement that excludes or limits the liability of a person in certain cases. This means that the person who organizes the game cannot be held liable if a player is injured due to not following rules and instructions.

The players must confirm that:

- they know that an escape room may require a certain amount of physical activity and effort,
- it is impossible for you to foresee all their actions and take safety measures against any risk of injury,
- they are responsible for their own safety and it is in their own interest not to take any unforeseeable risks, and
- they are aware of the risks in an escape room, and they voluntarily participate.

Material required

- Printed forms for the players and the parents to fill in
- Pens

Possible restrictions

- Some players might not want to take full responsibility of their actions
- Depending on the age of the players, they might not be allowed to sign legal documents



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Is it inclusive for SLD?

It depends on their condition, as some might find it hard to read or understand the forms

References:

Escape room safety. Available at: <https://www.cluetivity.com/blog/escape-room-waiver-better-safe-than-sorry-with-download-template/> (Accessed: 2nd of March 2021)

